

## HEALTH COVERAGE RESOURCES

**Behavioral Health Access Program, Whatcom Alliance for Health Advancement**, 800 E. Chestnut, Lower Level Suite 2, Bellingham, WA 98225

Phone: (360) 788-6594, Web: <http://www.whatcomalliance.org/getting-healthcare/mental-health>

WAHA can refer Whatcom County residents to the Behavioral Health Access Program (BHAP), a community program that provides mental health counseling to residents who do not have health insurance and are low income.

**Peace Health Patient Financial Assistance**, 2901 Squalicum Parkway, Bellingham, WA 98225

Phone: (877) 202-3597, Web: <https://www.peacehealth.org/financial-assistance>

Provides emergent, medically necessary and some preventative pre-authorized services at reduced cost or without charge when payment cannot be obtained through all other available financial resources. Limited to patients at PeaceHealth facilities.

**SHIBA Helpline (Statewide Health Insurance Benefits Advisors)**,

Phone: 1-800-562-6900 / 360-788-6594, Web: <http://whatcomalliance.org/shiba/>

The SHIBA program is a network of trained volunteers who educate consumers about their Medicare options and rights. They can help with evaluation of medicare supplement coverage, prescription assistance programs, right and protections, and filing medicare complaints.

**Social Security Administration - Medicare**, 710 Alabama St, Bellingham, WA 98225

Phone: 1-800-772-1213, Web: <http://www.ssa.gov>

Hrs. M,T,Th,F:9am-4pm. W:9am-12pm. Federal health insurance program for people 65 yrs. or older, or for those receiving SSA disability

**Whatcom Alliance for Health Advancement (WAHA)**, 800 E. Chestnut St., Lower Level, Suite 2, Bellingham, WA 98225

Phone: (360) 788-6594, Web: <http://www.whatcomalliance.org/>

Connects people to health care services and insurance options through the insurance marketplace, to help ensure that health care is accessible to our community.

## MEDICAL RESOURCES

**Arthritis Foundation**, 1329 N. State St. Suite 304, Bellingham, WA 98225

Phone: (360) 939-3543, Helpline: 1-877-571-4357, Web: <http://www.arthritis.org/>

Hrs. M-F: 9am-5pm. Education, information, support groups, exercise programs and self-help courses for people with Arthritis. Also hold community fundraising events like the Jingle Bell Run and Golf Tournament.

**Bellingham Asthma, Allergy and Immunology Clinic**, 3015 Squalicum Parkway, #180, Bellingham, WA 98225

Phone: (360) 733-5733, Web: <http://www.belasthma.com>

Hrs. M-Th: 8:30am-5:30pm. Provides care to Whatcom County residents with the diagnosis and management of asthma, chronic cough, respiratory allergies, chronic rhinitis, sinusitis, eczema, allergies, hives, recurrent infections, and immunodeficiency problems.

**DSHS - Community Services Office**, 4101 Meridian St., Bellingham, WA 98226

Phone: 1-877-501-2233, TTY 1-800-209-5446, Web: <http://www.dshs.wa.gov/>

Hrs. M-F: 8am-5pm. Provides multiple program services (TANF, Basic Food, Medical, WorkFirst)

**DSHS Medicaid Transportation-Northwest Regional Council**, 600 Lakeway Dr., Bellingham, WA 98225

Phone: (360) 738-4554, 1-800-860-6812 or TTY (360) 676-6749, 1-800-585-6749, Web:

<http://www.nwrcwa.org/>

Hrs: Customer Service Reps. available from M-F: 8:30am-4:30pm Transportation provided for Medicaid clients to medical appointments. Call at least 2 business days before medical appt. to complete screening. Spanish and Russian interpreters available

**Evergreen Wellness Advocates**, 115 Unity St. Suite 302, Bellingham, WA 98225

Phone: (360) 671-0703, 1-800-249-2437 (hotline), Web: <http://ewadvocates.org/>

Hrs. M-F: 9am-5pm. Case management for individuals with chronic illness and HIV/AIDS support/free testing.

**Friends of Friends Medical Support Fund**, P.O. Box 812, Langley, WA 98260

Phone: 360-221-4535, Web: <http://www.fofmedicalsupportfund.org/>

A community-supported fund offering financial help for South Whidbey residents. Helps with uncovered medical expenses for doctors, hospitals, labs, transportation, supplies and equipment, and prescription drugs.

**HIV/STD Clinic at Whatcom County Health Department**, 1500 N State St., #100, Bellingham, WA 98226

Phone: 360-778-6100, call for appt., Web: <http://www.co.whatcom.wa.us/751/HIV-AIDS>

Hrs: M-F: 8:30am-4:30pm except 12pm-1pm (lunch hour). Sliding fee scale and can bill medicare or medicaid.

**Lions Club Wheelchair Program**, 4141 W. Maplewood, Bellingham, WA 98226

Phone: 360-752-5526, Web: <http://www.bellinghamcentrallions.org/al-boe-wheelchair-warehouse/>

Hrs. M & Th: 9-11:30AM, except holidays. Loans durable medical equipment to people in Northwest Washington. Equipment includes, low vision aids, wheelchairs, walkers, crutches, canes, and bedside and

bathroom helpers of all kinds. Loans are for three months, but may be extended based on need. The warehouse runs entirely on donations.

**Lummi Tribal Health Center** , 2592 Kwina Rd., Bellingham, WA 98226

Phone: (360) 384-0464, Web: [http://www.lummi-nsn.org/website/dept\\_pages/health/healthcenter.shtml](http://www.lummi-nsn.org/website/dept_pages/health/healthcenter.shtml)

Hrs. M-F: 8am-4:30pm. The mission of the Lummi Tribal Health Center is to raise the health status of the Lummi people, other American Indian, and Alaska Natives to the highest possible level. To carry out this mission, the LTHC will provide comprehensive health care including hospital, outpatient, medical, dental, mental health, preventive healthcare and public health services.

**Mount Baker Planned Parenthood Clinic** , 1530 Ellis St., Bellingham, WA 98225

Phone: (360) 734-9095 , Web: <https://www.plannedparenthood.org/planned-parenthood-mt-baker>

Hrs. M & W-F: 8:30am-5:30pm, T: 9am-7pm, Sat: 8:30am-5pm. Provides women's health care and education in areas of pregnancy, birth control, pregnancy testing, options counseling, yearly exams, HIV/AIDS and STD testing.

**Opportunity Council Conservation Education Program**, 1111 Cornwall Avenue, Bellingham, WA 98225

Phone: (360) 255-2192, Web: <http://www.oppco.org>

Provides in-home energy assessments, strategies and tools to reduce energy use and save money on bills. Also available in workshop settings.

**Opportunity Council Weatherization Plus Health Program**, 1111 Cornwall Ave, Bellingham, WA 98225

Phone: (360) 255-2192

A program to improve the indoor air quality and reduce asthma triggers for people with diagnosed asthma.

**PeaceHealth St. Joseph's Cancer Center**, 3301 Squalicum Parkway, Bellingham, WA 98225

Phone: (360) 788-8222, Web: <https://www.peacehealth.org/st-joseph/services/cancer-center/Pages/default>

The PeaceHealth St. Joseph Cancer Center offers a full-range of services in one convenient location. You can see cancer specialists and receive treatment without ever leaving the facility. This centralized care also provides doctors and other caregivers a common space to collaborate. Our team of experts is committed to providing the best possible cancer care. We offer some of the most advanced medical treatments, along with free support services and educational programs to enhance overall well-being and health.

**Sea Mar Community Health Center- Everson**, 6884 Hannegan Rd., Everson, WA 98247

Phone: (360) 354-0766, Web: <http://www.seamar.org/whatcom-medical-everson.html>

Hrs. M-W & F: 8am-5pm, Th: 8am-9pm. Provides medical care, homeless medical support services, mental health and dental.

**Sea Mar Community Health Center-Bellingham**, 4455 Cordata Pkwy., Bellingham, WA 98226

Phone: (360) 671-3225, Web: <http://www.seamar.org/>

Hrs. M: 8am-9pm, T-Sat: 8am-5pm. Medical care, dental services, mental health care and prescription

assistance.

**Sea Mar Healthcare for Homeless**, 4455 Cordata Parkway, Bellingham, WA 98226

Phone: (360) 671-3225

Hrs. M, T, Th, F: 8am-5pm. W 1pm-5pm at Lighthouse Mission Drop In Center. Access to primary health and dental care, substance abuse treatment and counseling, and mental health services. Bilingual staff assist with referral to community resources.

**Unity Care Northwest**, 220 Unity St., Bellingham , WA 98225

Phone: (360) 676-6177, Web: <http://unitycarenw.org/>

Hrs. M-F:7:45am-6pm, Sat: 8:15am- 4pm Medical care, mental health specialists, dental care for children, limited adult dental care, prescription assistance, sliding scale fee for those without insurance.

**Unity Care Northwest - Pt. Roberts**, 2030 Benson Rd., Point Roberts, WA 98281

Phone: (360) 945-2580, Web: <http://unitycarenw.org/>

Hrs. M: 11am-6pm, T, Th: 9am - 5pm. Medical care, limited behavioral health specialists, prescription assistance for Unity Care patients, in house lab, and sliding scale fee for those without insurance.

**Unity Care Northwest - Ferndale**, 5616 3rd Ave, Ferndale, Wa 98248

Phone: (360) 676-6177, Web: <http://unitycarenw.org/>

Hrs. M-F 7:45am-6pm Medical care, mental health specialists, dental care for children, limited adult dental care, prescription assistance, sliding scale fee for those without insurance.

**Veterans Community Based Outpatient Clinic**, 307 S. 13th Street, Suite 200, Mount Vernon, WA 98274

Phone: 360-848-8500, Web: [http://www.pugetsound.va.gov/docs/Mount\\_Vernon\\_CBOC\\_Handout.pdf](http://www.pugetsound.va.gov/docs/Mount_Vernon_CBOC_Handout.pdf)

Hrs: M-F 8am-4:30pm for primary care, mental health services, social work services, vision and hearing services, lab services, and pharmacist medication reviews. For transportation assistance to clinic, contact Whatcom Volunteer Center at (360) 734-3055

**Walk-In Health Clinic**, 2220 Cornwall , Bellingham, WA 98225

Phone: (360) 734-2330, Web: <http://www.walkinhealthclinic.com/>

Hrs. M-Sun: 8:30am-5pm. Medical & urgent medical care. Medical coupons accepted.

**Washington Access Fund**, 1437 South Jackson Street, Suite 302, Seattle, WA 98144

Phone: (206) 328-5116, Web: [www.washingtonaccessfund.org](http://www.washingtonaccessfund.org)

We provide funding to people with disabilities in Washington and Oregon to purchase assistive technology and achieve greater independence. Provides low-interest loans and matched savings accounts for assisted technology and business equipment.

**Washington Poison Center**, 155 NE 100th St., # 100, Seattle, WA 98125

Phone: 1-800-222-1222 (24 hrs), 1-800-572-0638 (TTY), Web: <http://www.wapc.org/>

24 hrs. Responds to calls involving poisoning of both humans and animals.

**Washington Women In Need**, 232 5th Ave S, Suite 201, Kirkland, WA 98033

Phone: (425) 451-8838 or 888-440-9946, Web: <http://www.wwin.org/>

Washington Women in Need believes in the power of determined women to transform their lives and the course of their families' lives for generations to come. We address a deep need in society, providing women a hand up to improve their futures, in turn, strengthening their families and our societies as a whole. We make financial grants to low-income women in Washington State who are ready for transformational change in two categories: Education and Health Care.

**Whatcom Alliance for Health Advancement (WAHA)**, 800 E. Chestnut St., Lower Level, Suite 2, Bellingham, WA 98225

Phone: (360) 788-6594, Web: <http://www.whatcomalliance.org/>

Connects people to health care services and insurance options through the insurance marketplace, to help ensure that health care is accessible to our community.

**Whatcom County Pregnancy Clinic**, 1310 N. State St., Bellingham, WA 98225

Phone: (360) 671-9057, Web: <http://www.whatcomclinic.com/>

Hrs. M-Th: 9am-6pm F: 9am-5pm Sat: 10am-2pm Pregnancy tests, ultrasounds, EWYL parenting classes, free and confidential services.

**Whatcom Hospice Foundation**, 2800 Douglas Avenue, Bellingham, WA 98225, Bellingham, WA 98225

Phone: (360) 733-5877, Web: <http://www.hospicehelp.org/>

Hrs. Monday and Wednesday: 9am-6pm, Tuesday, Thursday, Friday: 9am-5pm. Services for people who have a prognosis of six months or less to live. Home visits and 12-bed hospice house.

## VISION RESOURCES

**Frank Haskell Lions Eye Clinic**, 1013 West Holly St (Lighthouse Mission Drop In Center), Bellingham, WA 98225

Phone: 360-733-5120 x100, Web: <http://www.haskelleyeclinic.com/index.html>

Free eye clinic for Whatcom County residents sponsored by Bellingham Central Lions and Lighthouse Mission. Services include eye exam, and if needed, lenses and frames. Appointments available on Thursdays between 1pm and 4pm. Must complete an application to schedule. Requirements/Applications available on website or by visiting Lighthouse Mission M-F 8am-4pm at 910 W. Holly St. If eligibility requirements are met, complete an application and turn into the Lighthouse Mission.

**Washington Talking Book and Braille Library, 2021 9th Ave., Seattle, WA 98121**

Phone: 1-800-542-0866 (toll free), (206) 615-0400 , Web: <http://www.wtbbbl.org/>

Hrs. M-F: 8:30am-5pm. Provides a free public library service needed by individuals in Washington State who are unable to read standard print material. Books in braille, large print, and audio available to be mailed throughout the state of Washington.

## DISABILITY RESOURCES

**Adult Protective Services**, 600 Lakeway Dr., Bellingham, WA 98225

Phone: (360) 676-6749, 1-866-221-4909 (hotline), 1-800-977-5456(TDD/TTY), Web:

<https://www.dshs.wa.gov/altsa/home-and-community-services/adult-abuse-and-prevention>

Adult Protective Services receives and investigates reports of allegations of abuse, abandonment, neglect, self-neglect and financial exploitation of vulnerable adults living in the community and in facilities. If the person is in immediate danger, call 911.

**Catholic Long Term and Home Care**, 1742 Iowa St., Bellingham, WA 98229

Phone: (360) 676-2164 or (877)870-1582, Web: <http://ccsww.org/get-help/services-for-seniors-people-with-disabilities/home-care/>

Hours: M-F 8-4:30. Provides in home caregivers for elderly and disabled.

**Center for Independence North Sound**, 114 Magnolia St. #104, Bellingham, WA 98225

Phone: (360)393-3890, Toll-Free: (888) 482-4839 Web: <http://www.centerforindependence.org/index.html>

Hrs. M-Th: 10am-4pm. A resource for individuals with disabilities to fully access and participate in the community through outreach, advocacy and independent living skills development. Also serve senior citizens with senior-related disabilities as well. Youth Transitional programs also available

**Dan Godwin Community Center - The Arc of Whatcom County**, 2602 McLeod Rd, Bellingham, WA 98225

Phone: 360-715-0170, Web: <http://arcwhatcom.org/wp/about-the-arc/dan-godwin-community-center/>

Hrs. M-F: 10am-1pm. Information and advocacy for people with developmental disabilities. Also houses the parent to parent program.

**Dental Care for Persons with Disabilities** , UW School of Dentistry Clinic, 1959 NE Pacific St., Room B-323, Seattle, WA 98195

Phone: (206) 543-4619, Web: <https://dental.washington.edu/patient/clinics/decode/>

For people with developmental and/or acquired disabilities that need special treatments supports. Medicaid and private insurance accepted. Application required; Cell for more information

**Developmental Disabilities Program- Whatcom Health and Human Services**, 509 Girard St, Bellingham, WA 98225

Phone: (360) 778-6047, Web: <http://www.whatcomcounty.us/670/Developmental-Disabilities-Program>

The Developmental Disabilities program contracts with various agencies in the community to provide services for residents of Whatcom County and their families.

**Disability Rights Washington** , 315 5th Ave., Suite 850, Seattle, WA 98104

Phone: (206) 324-1521, 1-800-562-2702, Please use 711 for TTY, Web: <http://www.disabilityrightswa.org/>

Private non-profit organization that protects the rights of people with disabilities statewide. Our mission is to advance the dignity, equality, and self-determination of people with disabilities. We work to pursue justice on matters related to human and legal rights.

**Division of Developmental Disabilities- DSHS** , 2219 Rimland Dr. Suite 315, Bellingham, WA 98225  
Phone: (360) 714-5000, 1-800-239-8285, Web: <https://www.dshs.wa.gov/dda>  
Hrs. M-F: 8-5pm. Assists individuals and families to identify and use personal supports and community services.

**Evergreen Supported Living** , 1970 Frazier St., #106, Bellingham, WA 98225  
Phone: (360) 671-5898, Web: <http://evergreenhome.org/>  
Hrs. M-F: 8:00 am to 6:00 pm. Small non-profit organization supporting adults with developmental disabilities.

**Hearing Speech and Deafness Center** , Crown Plaza Building, 114 W. Magnolia, Suite 106, Bellingham, WA 98225  
Phone: (360) 647-0910 Videophone (360) 255-7166, Web: <http://www.hsdcc.org/>  
Hrs. M-F: 8:30am-5pm. Information and referral services, advocacy and educational programs related to hearing loss, disability rights.

**Home and Community Services- DSHS** , 600 Lakeway Dr., Bellingham, WA 98225  
Phone: (360) 738-2500, 1-800-585-6749, Web: <http://www.aasa.dshs.wa.gov/>  
Hrs. M-F: 8am-5pm. Provides assistance to persons with disabilities and the elderly who need care services and need state funds to help pay for them.

**Kids in Motion** , 4173 Meridian St. , Bellingham , WA 98229  
Phone: (412) 444-KIDS (5437) or (360) 207-4434, Web: <http://www.kidsinmotionclinic.org/>  
Kids in Motion provides physical, occupational and speech therapy for children with neurodevelopmental disorders. Kids in Motion offers home based therapy services to support the development of successful strategies for daily living. Children receive quality intervention and caregivers are empowered, all within the comfort of home. Works out of Christ the King church on Tuesdays and Thursdays.

**Lions Club Wheelchair Program**, 4141 W. Maplewood, Bellingham, WA 98226  
Phone: 360-752-5526, Web: <http://www.bellinghamcentrallions.org/al-boe-wheelchair-warehouse/>  
Hrs. M & Th: 9-11:30AM, except holidays. Loans durable medical equipment to people in Northwest Washington. Equipment includes, low vision aids, wheelchairs, walkers, crutches, canes, and bedside and bathroom helpers of all kinds. Loans are for three months, but may be extended based on need. The warehouse runs entirely on donations.

**Max Higbee Recreational Center**, 1210 Bay Street, Suite 102, Bellingham, WA 98225  
Phone: (360) 733-1828, Web: <http://www.maxhigbee.org/>  
Community-based recreation programs for teens and adults 14 years and older with developmental disabilities. Hrs. Community Access Program (CAP) M-F 1:30-5:30pm; Max's Place Weekend Drop-In Center, Fri & Sat: 5pm-9pm; SPIN dance every 3rd Monday of the month (except July) 6pm-8pm @ Bellingham Senior Center; Healthy Lifestyles Program, Tuesday and Thursday, 10:00am-1:30pm (\$8 a day).

**New Leaf** , 660 SE Fidalgo Ave. , Oak Harbor, WA 98277

Phone: 360-675-1989 , Web: <http://www.newleafinc.org/>

Hrs. M-F 8am-4pm, closed 12-1pm; New Leaf's mission is to promote independence and quality of life through employment. Provides jobs to people with disabilities and employment assessment. Programs for job training, independent living evaluation, and support service.

**Northwest Regional Council**, 600 Lakeway Dr., Suite 100, Bellingham, WA 98225

Phone: (360) 676-6749, 1-800-585-6749 , Web: <http://www.nwrcwa.org/>

Hrs. M-F: 8am-5pm. Implements state and federal programs for seniors and adults with disabilities who need long term, community based care. Transportation for those on Medicaid.

**Northwest Therapeutic Riding Center**, 1884 E. Kelly Road, Bellingham, WA 98226

Phone: (360) 966-2124, Web: <http://www.nwtrc.org>

A nonprofit Professional Association of Therapeutic Horsemanship International (PATH Intl.) center. The NWTRC currently has the capacity to serve over 60 riders per week. Participants range in age from 4-74 and include individuals with physical, cognitive, emotional, behavioral and sensory disabilities.

**Parent to Parent Support Group**, 2602 McLeod Rd, Bellingham, WA 98225

Phone: (360) 715-0170, Web: <http://arcwhatcom.org/wp/parent-to-parent/>

A program offering peer support, advocacy, and information to parents and caregivers of children with delays, disabilities and ongoing health care needs. Matching parents in one-to-one relationships with similar diagnoses, support meeting, social and recreational events, sibling support, and lending library.

**Single Entry Access Helpline,**

Phone: (360) 715-7485, Web: <https://www.whatcomcounty.us/659/Children-and-Youth-with-Special-Healthca>

Provides help with resources and service navigation for kids ages birth to 21 who have (or may have) special needs.

**Volunteer Chore Program**, 1419 Cornwall Ave, Bellingham, WA 98225

Phone: (360) 734-5121 ext. 172, TTY: 711, Web: <https://www.whatcomvolunteer.org/volunteer-chore-program/>

Volunteer Chore Program provides volunteers to help the elderly (60 and over) and adults with functional disabilities remain independent in their own homes. Volunteers help with tasks such as: housekeeping, grocery shopping, laundry, yard work, transportation to doctor appointments (if clients are unable to use public transportation), minor household repairs, mail reading/bill paying assistance. The Volunteer Chore Program serves as a safety net, helping those for whom other resources are unavailable. Chore assists 200+ Whatcom County residents each year. It costs approximately \$500 per year per client to run the program; it costs approximately \$55,000 per year for someone to live in assisted living. To qualify for Volunteer Chore Program services, seniors and adults with disabilities must be: Low-income; Isolated and do not have family and friends as resources; Referred by a doctor, case manager, counselor, social worker Please contact VCP for paperwork.

**Washington Access Fund**, 1437 South Jackson Street, Suite 302, Seattle, WA 98144

Phone: (206) 328-5116, Web: [www.washingtonaccessfund.org](http://www.washingtonaccessfund.org)

We provide funding to people with disabilities in Washington and Oregon to purchase assistive technology and achieve greater independence. Provides low-interest loans and matched savings accounts for assisted technology and business equipment.

**Whatcom Center for Early Learning**, 2001 H St., Bellingham, WA 98225

Phone: (360) 671-3660, Web: <http://www.wcel.net/>

Providing comprehensive, family centered early intervention services for children ages birth to three with special needs.

**Whatcom County Human Services**, 509 Girard St, Bellingham, WA 98225

Phone: (360)778-6002, Web: <http://www.whatcomcounty.us/health>

Hrs. M-F 8:30am-4:30pm. Coordination of day programs for clients with developmental disabilities, community mental health programs, advocacy and support, tobacco and substance abuse treatment programs and resource center.

**Women, Infants, and Children Program (WiC)- Whatcom County Health Department**, 1500 N. State St., Bellingham, WA 98225

Phone: (360) 778-6102, Web: <http://www.co.whatcom.wa.us/health/maternal/index.jsp>

Hrs. M-F: 8:30am-4:30pm. Provides services for eligible pregnant and breastfeeding women, new mothers, and children under 5.

**WWU Speech-Language-Hearing Clinic**, Academic Instructional Center, eastside Western Washington University Campus, Bellingham, WA 98225

Phone: (360) 650-3881, Web: <https://chss.wvu.edu/csd/western-speech-and-hearing-clinics>

Comprehensive service programs for diagnosis and therapy in language, speech and hearing for adults, adolescents, young children, and infants are provided. Services are provided by students in training, closely supervised by certified and state licensed Speech-Language Pathologists and Audiologists from the faculty and staff. The Speech-Language-Hearing Clinics are open during academic quarters. There are 10 week Fall, Winter, and Spring Quarters, and a 6 week summer Quarter. The Speech and Language Clinic Hours are: Monday - Thursday, 8:00 a.m. - 6:00 p.m. Friday, 8:00 a.m. - 5:00 p.m. The Audiology and Aural Rehabilitation Clinic Hours are: Monday – Friday, 8:00 a.m. – 5:00 p.m.

## DENTAL RESOURCES

**ABCD- Access to Baby and Child Dentistry**, 800 E. Chestnut, Lower Level, Bellingham, WA 98225

Phone: (360) 788-6591, Web: <http://www.whatcomalliance.org>

ABCD assists families with children birth-5 with Apple Health/Medicaid coverage to get dental care and provides dental education

**Bellingham Technical College Dental Clinic**, 3028 Lindbergh Ave. Building C, Bellingham, WA 98225

Phone: (360) 752-8349, Web: <http://www.btc.edu/OurCommunity/PublicServices/indexPublicServices.aspx>

Provides comprehensive dental care October through June at reduced fees, usually about 30% less than private clinics. Services include dental exams, x-rays, cleanings, fillings, crowns, bridges, and root canals, some extractions, but NO dentures, implants, or periodontal surgeries.

**Dental Care for Persons with Disabilities**, UW School of Dentistry Clinic, Seattle, WA

Phone: (206) 543-4619, Web: <https://dental.washington.edu/decod/>

For people with developmental and/or acquired disabilities that need special treatments supports. Medicaid and private insurance accepted. Application required; Call for more information

**Give Back a Smile,**

Phone: 800-543-9220, Web: <https://www.aacd.com/aboutGBAS>

The American Academy of Cosmetic Dentistry Charitable Foundation's mission is to assist in rebuilding the smiles and lives of adults who've suffered dental injuries from domestic and sexual violence, through compassionate cosmetic dental services and support programs. Visit website for details about how to qualify.

**Kulshan Pediatric Dentistry**, 2210 Kulshan View Dr. Suite 102, Mt Vernon, WA 98273

Phone: (360) 424-3811, Web: <http://www.kulshanpediatricdentistry.com>

Hrs. M-F: 8am-5p. Private dental office with five pediatric dentists. Accepts state funded health insurance for children ages 0-18.

**Nooksack Tribal Dental Clinic**, 2510 Sulwhanon Rd, Everson, WA 98247

Phone: (360) 306-5151, Web: <http://www.nooksacktribe.org/departments/health/dental-clinic/>

The Dental Program strives to provide quality dental care. The purpose of the Dental Clinic is to provide comprehensive dentistry care to include General Dentistry, Pediatric Dentistry, Specialized Dental Care Referral and Oral Health Prevention Education.

**Sea Mar Community Health Center- Everson**, 6884 Hannegan Rd., Everson, WA 98247

Phone: (360) 354-0766, Web: <http://www.seamar.org/whatcom-medical-everson.html>

Hrs. M-W & F: 8am-5pm, Th: 8am-9pm. Provides medical care, homeless medical support services, mental health and dental.

**Sea Mar Community Health Center-Bellingham**, 4455 Cordata Pkwy., Bellingham, WA 98226

Phone: (360) 788-7101, Web: <http://www.seamar.org/>

Hrs. M: 8am-9pm, T-Sat: 8am-5pm. Medical care, dental services, mental health care and prescription assistance.

**Sea Mar Healthcare for Homeless**, 4455 Cordata Parkway, Bellingham, WA 98226

Phone: (360) 788-7155

Hrs. Monday - Friday: 8am-5pm. W 1pm-5pm at Lighthouse Mission Drop In Center. Access to primary health and dental care, substance abuse treatment and counseling, and mental health services. Bilingual staff assist with referral to community resources.

**Sea Mar Oak Harbor Dental Clinic**, 31775 State Route 20 suite A-3, Oak Harbor, WA 98277

Phone: 360-679-9216, Web: <http://www.seamar.org/location.php?xloc=25&xser=2&xcty=11&xserloc=33>

Tues- Sat: 8am to 5pm. Provides preventive and emergency dental care including cleaning of teeth, extraction, and fillings.

**Unity Care Northwest Children's Dental**, 220 Unity St., Bellingham , WA 98225

Phone: (360) 676-6177, Web: <http://unitycarenw.org/>

Hrs. M-F:7:45am-6pm, Sat: 8:00am- 5:00pm.

**Unity Care Northwest Adult Dental**, 1616 Cornwall Avenue, Bellingham, WA 98225

Phone: (360) 676-6177, Web: <http://unitycarenw.org/>

Hrs. M-F 7:45am-6pm Adult dental. Emergency dental available for adults 21+ on stand-by basis M-F 8am-5pm

**Unity Care Northwest - Ferndale**, 5616 3rd Ave, Ferndale, Wa 98248

Phone: (360) 676-6177, Web: <http://unitycarenw.org/>

Hrs. M-F 7:45am-6pm Medical care, mental health specialists, dental care for children, limited adult dental care, prescription assistance, sliding scale fee for those without insurance.

**Whatcom Alliance for Health Advancement (WAHA)**, 800 E. Chestnut St., Lower Level, Suite 2, Bellingham, WA 98225

Phone: (360) 788-6594, Web: <http://www.whatcomalliance.org/>

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## HEALTH SUPPORT/EDUCATION RESOURCES

**Alzheimer Society of Washington Support Center**, 1301 Fraser St. Suite A-1, Bellingham, WA 98229

Phone: (360) 671-3316, Web: <http://www.alzsociety.org>

Hrs. M-F 8am-4pm. Resources for people or caregivers of people with Alzheimer's or other dementia related illnesses.

**Arthritis Foundation**, 1329 N. State St. Suite 304, Bellingham, WA 98225

Phone: (360) 939-3543, Helpline: 1-877-571-4357, Web: <http://www.arthritis.org/>

Hrs. M-F: 9am-5pm. Education, information, support groups, exercise programs and self-help courses for people with Arthritis. Also hold community fundraising events like the Jingle Bell Run and Golf Tournament.

**Bellingham Parks and Recreation Department**, 210 Lottie Street, Bellingham, WA 98225

Phone: (360) 778-8000, Web: <http://www.cob.org/parks>

Hrs. M-F: 8am-5pm. Recreational activities for persons of all ages and ability levels, including classes, activities, community events, community gardens, off leash dog areas, and facility rentals.

**Catholic Community Services Recovery Center**, 515 Lakeway Drive, Bellingham, WA 98225

Phone: (360) 676-2187, Web: <http://www.ccsww.org/>

Hrs. M-Th: 8:30am-5pm, F: 8:30am-4pm. Addiction recovery services to youth, families and adults; education and support.

**Catholic Long Term and Home Care**, 1742 Iowa St., Bellingham, WA 98229

Phone: 877-870-1582, Web: <http://ccsww.org/get-help/services-for-seniors-people-with-disabilities/home-care/>

Hours: M-F 8-4:30. Provides in home caregivers for elderly and disabled.

**Community Options Program Entry System- COPEs (DSHS)**, 600 Lakeway Dr., Suite 100, Bellingham, WA 98225

Phone: (360) 756-5750, 1-800-239-8292, Web: <http://www.adsa.dshs.wa.gov/Resources/Whatcom/default.htm>

Hrs. M-F: 8am-5pm. Enables adults in need of nursing care to receive the required care in the home or other setting with Medicaid assistance. New COPEs applications processed through DSHS-Home and Community Services.

**Dan Godwin Community Center - The Arc of Whatcom County**, 2602 McLeod Rd, Bellingham, WA 98225

Phone: 360-715-0170, Web: <http://arcwhatcom.org/wp/about-the-arc/dan-godwin-community-center/>

Hrs. M-F: 10am-1pm. Information and advocacy for people with developmental disabilities. Also houses the parent to parent program.

**DVSAS of Whatcom County-Domestic Violence & Sexual Assault Svs.**, 1407 Commercial St., Bellingham, WA 98225

Phone: (360) 715-1563 (24 hr hotline), Admin phone: (360) 671-5714 Web: <http://www.dvsas.org/>

Hrs. M-F: 9am-5pm. Offers emergency support, safety planning, prevention education, legal advocacy and

information to anyone affected by domestic violence and/or sexual assault. Confidential safe shelter available.

**Evergreen Wellness Advocates** , 115 Unity St. Suite 302, Bellingham, WA 98225

Phone: (360) 671-0703, 1-800-249-2437 (hotline), Web: <http://ewadvocates.org/>

Hrs. M-Th.: 9am-5pm. Case management for individuals with chronic illness and HIV/AIDS support/free testing.

**Family Caregiver Support Program-Northwest Regional Council**, 600 Lakeway Dr., Bellingham, WA 98225

Phone: (360) 676-6749, Web: <http://www.nwrcwa.org/family-caregiver-support-program/>

Hrs. M-F: 8am-5pm. Provides support and services for unpaid family caregivers in Island, San Juan, Skagit, and Whatcom counties. Island County Camano Island: 360-387-6201 Coupeville: 360-678-4886 Oak Harbor: 360-675-0311 South Whidbey: 360-321-1600 San Juan County Lopez, Shaw, Center, Decatur: 360-468-2421 Orcas, Blakely, Waldron: 360-376-2677 San Juan, Brown, Henry, Stuart: 360-378-2677 Skagit County: 360-428-1301 Whatcom County: 360-676-6749

**GRADS - Pregnant & Parenting Teen High School Program**, 1306 Dupont St., Bellingham, WA

Phone: (360) 676-6488 ext. 6488, Web: <http://bellingshamschools.org/programs/graduation-reality-dual-role-skills-grads/>

GRADS (Graduation, Reality, And Dual-role Skills) is a program for pregnant and parenting students that provides the academic and childcare support necessary to stay in high school and graduate. Available at no cost to parents under age 21 who live in Whatcom County.

**Hazardous Substance Information Website**, 3190 160th Ave. SE, Bellevue, WA 98008,

Phone: 425-649-7000, Web: <https://ecology.wa.gov>

Information and Education about hazardous substances in your community, home, workplace, and school.

**Lummi Chemical Addiction Recovery and Education (CARE)** , 2530 Kwina Rd., Bellingham, WA 98226

Phone: (360) 312-2420, Web: [http://www.lummi-nsn.org/website/dept\\_pages/health/care.shtml](http://www.lummi-nsn.org/website/dept_pages/health/care.shtml)

Hrs. M-F: 8am-4:30pm. Provides education and treatment to Native American families in the area of chemical dependency within a comprehensive outpatient counseling program.

**Mount Baker Planned Parenthood Clinic** , 1530 Ellis St., Bellingham, WA 98225

Phone: (360) 734-9095 , Web: <https://www.plannedparenthood.org/planned-parenthood-mt-baker>

Hrs. M & W-F: 8:30am-5:30pm, T: 9am-7pm, Sat: 8:30am-5pm. Provides women's health care and education in areas of pregnancy, birth control, pregnancy testing, options counseling, yearly exams, HIV/AIDS and STD testing.

**NAMI of Whatcom County (National Alliance on Mental Illness)**, 800 E. Chestnut St. Suite 1C, Bellingham, WA 98225

Phone: (360) 671-4950, Web: <http://www.namiwhatcom.org>

NAMI Whatcom offers free support groups and education classes to all those affected by mental illness including family members and friends. Connections weekly support group for people living with mental illness, 1st, 3rd, and 4th Tuesday, from 6:30-8pm. Family Support Group for family members, caregivers and friends of adults and children with mental health disorders, 2nd and 4th Wed of each month from 6:30-8pm. Suicide Survivors Support Group meets 2nd and 4th Monday of month from 6:30-8pm, Contact Roger Butler at (480)829-4325. Depression & Bipolar support alliance, every 2nd Tuesday from 7pm-9pm. All groups meet at 800 E. Chestnut St. Suite 1C, Bellingham, WA 98225.

**Nooksack Alcohol and Chemical Dependency** , 2510 Sulwhanon Dr, Everson, WA 98247

Phone: (360) 966-7704, Web: <http://nooksacktribe.org/departments/health/alcohol-chemical-dependency/>

The Nooksack Alcohol and Chemical Dependency program provides a safe environment for youth, adult women and men to examine the roots of addiction and their personal growth in early recovery. The Chemical Dependency Counselors are certified alcohol and substance abuse counselors who guide each participant in the healing process through educational lectures, individual counseling, and group psychotherapy. In addition, each participant is introduced to the foundation of 12-Step recovery and develops new coping skills to prepare for life daily stressors without resorting back to active addiction and self-destructive behaviors. Most importantly, each participant is guided through self-discovery through traditional teachings and spiritual ceremonies.

**Northwest Regional Council**, 600 Lakeway Dr., Suite 100, Bellingham, WA 98225

Phone: (360) 676-6749, 1-800-585-6749 , Web: <http://www.nwrcwa.org/>

Hrs. M-F: 8am-5pm. Implements state and federal programs for seniors and adults with disabilities who need long term, community based care. Transportation for those on Medicaid.

**Operation Home Free - National Runaway & Youth Crisis Hotline** ,

Phone: 1-800-RUN-AWAY/1-800-786-2929 (24/7 hotline), Web: <https://www.1800runaway.org/>

Youth crisis hotline. National switchboard for the Operation Home Free Program which arranges for rides home for youth ages 12-21 on greyhound bus lines.

**Our Treehouse**, 1212 Billy Frank Jr. St , Bellingham, WA 98227

Phone: 360-223-6681, Web: <http://www.our-treehouse.org>

Our TreeHouse provides a safe environment where children and their families grieving a death can share their experiences and help them heal. Peer support groups and pizza offered the first and third Tuesday of the month from 6:00 until 8:00 PM for children and teens who are grieving due to the death of a parent or sibling. For more information call Lizanne Schader at 360.223.6681. Separate support group offered on-site for adults raising grieving youth.

**PeaceHealth St. Joseph's Cancer Center**, 3301 Squalicum Parkway, Bellingham, WA 98225

Phone: (360) 788-8222, Web: <https://www.peacehealth.org/st-joseph/services/cancer-center/Pages/default>

The PeaceHealth St. Joseph Cancer Center offers a full-range of services in one convenient location. You can see cancer specialists and receive treatment without ever leaving the facility. This centralized care also provides doctors and other caregivers a common space to collaborate. Our team of experts is committed to providing the best possible cancer care. We offer some of the most advanced medical treatments, along with free support services and educational programs to enhance overall well-being and health.

**Pregnancy Care Clinic of South Whidbey**, 503 Cascade Ave., Langley, WA 98260

Phone: 360-221-2909, Web: <http://islandspcc.org/>

Hours W and Th 10am-4pm. Provides pregnancy testing, limited ultrasounds, testing, free crib or car seat upon completion of parenting classes, baby clothing, diapers, formula, abstinence presentations and community referrals. Free and confidential.

**Rebound of Whatcom County**, 316 E. McLeod Rd. #102, Bellingham, WA 98226

Phone: (360) 714-0700, Web: <http://reboundfamilies.org/>

Hrs: M-F: 9am-4:30pm. Provides services that meet the needs of children and families dealing with poverty, domestic violence, homelessness and abuse.

**Share the Love - Cloth Diaper Bank**,

Phone: , Web: <http://www.cottonbabieslove.com>

Cloth diaper loaner bank for low income families with children birth to 3 years. Families qualify if they receive any form of government assistance, including apple health for kids. Apply through the website.

**Substance Abuse Program**, 509 Girard Street, Bellingham, WA 98225

Phone: (360) 778-6048, Web: <http://www.whatcomcounty.us/791/Tobacco-and-Substance-Abuse-Program>

Hrs. M-F: 8:30am-4:30pm. Whatcom County Health Department substance abuse information & referral.

**Vital Records, Whatcom County Health Department** , 509 Girard St, Bellingham, WA 98225

Phone: (360) 778-6003, Web: <http://www.whatcomcounty.us/1575/Birth-Death-Certificates>

Hrs. Mon-Fri 8:30am-4:30pm. Certified copies of Washington State birth certificates for individuals born 1907-present, Whatcom County death certificates for individuals deceased 1989-present.

**Washington Access Fund**, 1437 South Jackson Street, Suite 302, Seattle, WA 98144

Phone: (206) 328-5116, Web: [www.washingtonaccessfund.org](http://www.washingtonaccessfund.org)

We provide funding to people with disabilities in Washington and Oregon to purchase assistive technology and achieve greater independence. Provides low-interest loans and matched savings accounts for assisted technology and business equipment.

**Whatcom Alliance for Health Advancement End of Life Choices** , 800 E. Chestnut St., Lower Level, Suite 2, Bellingham, WA 98225

Phone: (360) 788-6594, Web: <http://whatcomalliance.org/end-of-life-care/>

WAHA End of Life Choices is a community-wide advance care planning program offering residents the opportunity to reflect on their wishes for medical care when they cannot speak for themselves, and record their wishes in an Advance Directive Document. We offer free community workshops and opportunities to meet with skilled and certified facilitators to help you identify personal goals for life-sustaining treatment. The facilitators can also help to recognize qualities that are important in choosing an effective Health Care Agent, and assist in documenting preferences for care in an Advance Directive

**Whatcom Center for Early Learning**, 2001 H St., Bellingham, WA 98225

Phone: (360) 671-3660, Web: <http://www.wcel.net/>

Providing comprehensive, family centered early intervention services for children ages birth to three with special needs.

**Whatcom County Health Department Environmental Health**, 509 Girard St, Bellingham, WA 98225

Phone: (360) 778-6000 , Web: <http://www.co.whatcom.wa.us/health/>

Hrs: M-F: 8:30am-4:30pm. Food Handlers cards, food service permits, drinking water approvals, rabies and West Nile Virus education and investigations, illegal dumping investigation.

**Whatcom County Human Services**, 509 Girard St, Bellingham, WA 98225

Phone: (360) 778-6002, Web: <https://www.whatcomcounty.us/672/Human-Services>

Hrs. M-F 8:30am-4:30pm. Coordination of day programs for clients with developmental disabilities, community mental health programs, advocacy and support, tobacco and substance abuse treatment programs and resource center.

## SUBSTANCE ABUSE RESOURCES

**Al-Anon/Alateen ,**

Phone: 1-800-259-8279, Web: <http://www.wa-al-anon.org/>

Support for families and friends of alcoholics. For meeting times and locations please call or see website

**Alcoholics Anonymous, , ,**

Phone: (360) 734-1688, (360) 318-5764 (Español), Web: <http://www.whatcomaa.org/>

Support group for people dealing with alcohol addictions. Call or go online for a list of meeting times. Island County: (888) 360-1564 Skagit County: (360) 428-7155 South Whidbey: (360) 221-2070

**Behavioral Health Inpatient Center- St. Joseph Hospital, 2901 Squalicum Parkway , Bellingham, WA 98225**

Phone: (360) 734-5400, Web: <https://www.peacehealth.org/st-joseph/services/behavioral-health/Pages/inpatient-center>

Accessible through referral at the emergency department. Acute/short stay for people in crisis.

**Belair Clinic, 1130 N. State St., Bellingham, WA 98225**

Phone: (360) 676-4485, Web: <http://www.belairclinic.com/>

Hrs. M-F: 10am-5:30pm. Intensive inpatient and outpatient treatment for alcohol and substance abuse.

Saturday: ADIS (Alcohol Drug Information School) 9am-5pm. \$150. Register and pre-pay online or over the phone. Also offer deferred prosecution services for DUI.

**Catholic Community Services Recovery Center, 515 Lakeway Drive, Bellingham, WA 98225**

Phone: (360) 676-2187, Web: <http://www.ccsww.org/>

Hrs. M-Th: 8:30am-5pm, F: 8:30am-4pm. Addiction recovery services to youth, families and adults; education and support.

**Lummi Chemical Addiction Recovery and Education (CARE) , 2530 Kwina Rd., Bellingham, WA 98226**

Phone: (360) 312-2420, Web: [http://www.lummi-nsn.org/website/dept\\_pages/health/care.shtml](http://www.lummi-nsn.org/website/dept_pages/health/care.shtml)

Hrs. M-F: 8am-4:30pm. Provides education and treatment to Native American families in the area of chemical dependency within a comprehensive outpatient counseling program.

**Narcotics Anonymous , Meetings in multiple locations,**

Phone: (360) 647-3234 , Web: <http://www.nwwana.org/meetings>

Support for people with drug addictions. Meetings are held daily. Call or visit the website for current schedule.

**Nooksack Alcohol and Chemical Dependency , 2510 Sulwhanon Dr, Everson, WA 98247**

Phone: (360) 966-7704, Web: <http://nooksacktribe.org/departments/health/alcohol-chemical-dependency/>

The Nooksack Alcohol and Chemical Dependency program provides a safe environment for youth, adult women and men to examine the roots of addiction and their personal growth in early recovery. The Chemical Dependency Counselors are certified alcohol and substance abuse counselors who guide each participant in the healing process through educational lectures, individual counseling, and group psychotherapy. In addition,

each participant is introduced to the foundation of 12-Step recovery and develops new coping skills to prepare for life daily stressors without resorting back to active addiction and self-destructive behaviors. Most importantly, each participant is guided through self-discovery through traditional teachings and spiritual ceremonies.

**Sea Mar Visions Youth Treatment Center**, 1603 E. Illinois, Bellingham, WA 98226

Phone: (360) 647-4266, Web: <http://www.seamar.org/location.php?xloc=31&xser=3&xcty=1&xserloc=40>

Provides intensive inpatient mental health & chemical dependency services for adolescent females, ages 14-17. Mental health and chemical dependency professionals work in collaboration with medical and dental staff, nutritionists, and educators to ensure that clients receive a whole person intervention.

**Substance Abuse Program**, 509 Girard Street, Bellingham, WA 98225

Phone: (360) 778-6048, Web: <http://www.whatcomcounty.us/791/Tobacco-and-Substance-Abuse-Program>

Hrs. M-F: 8:30am-4:30pm. Whatcom County Health Department substance abuse information & referral.

**Whatcom County Behavioral Health Triage Center**, 2030 Division St., Bellingham, WA 98226

Phone: (360) 676-2020, Web: <http://www.compasshealth.org>

24 hrs. a day, seven days a week. Whatcom Community Detox, Crisis Intervention and Respite, mental health assessment & referral.

**Whatcom County Human Services**, 509 Girard St, Bellingham, WA 98225

Phone: (360) 778-6002, Web: <http://www.whatcomcounty.us/health>

Hrs. M-F 8:30am-4:30pm. Coordination of day programs for clients with developmental disabilities, community mental health programs, advocacy and support, tobacco and substance abuse treatment programs and resource center.